

Kia ora to families and friends of Lower Moutere School –

3 May 2024

Welcome to term 2 at Lower Moutere! It is great to see everyone around the school again, catch up on holiday escapades and see friends reuniting again!

A very special welcome is extended to Sue Strawbridge who is teaching in Room 5. Sue has come to us from Henley School and we feel incredibly lucky to have her on staff. Sue is enjoying the beauty of our smaller school and all the great opportunities that we offer at our school and all we have here. Sue – thanks for joining Lower Moutere and we look forward to learning more about you as time goes on!

The sandpit continues to be a real hit and with thanks to Casey Fordyce and Stu, we now have a handpump on the side of the sandpit too! Both the pump and some arms are getting a good work out – it's magic seeing so many students from across the school enjoying making rivers and dams ... and yes, getting a bit mucky! That's the great thing about where we live and what kids love doing the most!



This term... our focus for our learning will be based around Planet Earth and beyond ... space, constellations and all the wonders of what is above us! This will support our writing programmes and also art. The culmination of course will be Matariki and we are already making plans for what our event will be! Watch this space!

In PE, the local Cross Country champs features later this term, so we are already well underway with preparations for this. Well done to our students who are preparing themselves with good footwear and a determination to 'be the best that I can be' when practicing.

Our schools values focus this term is ..

Respecting the world that is around us ...

So what does this mean?? It involves recognising the interconnectedness of all living beings and ecosystems, understanding our impact on the planet, and taking **responsible actions** to preserve and protect it for future generations. Respecting the world around us, we demonstrate gratitude for the resources and beauty it provides while fostering a harmonious relationship between people and nature.



With the cooler terms upon us, it is time to remind ourselves of the school uniform for the winter season. Students wear a school fleece (we have many spares at school), the school shirt (available from Whitwells) and either BLACK shorts or fleecy pants. If students are needing to wear a thermal, it can be either BLACK or DARK BLUE. Students can of course wear a jacket to school for extra warmth during breaks etc.



A big THANKS to the seniors who have offered to run Breakfast Club for our school, on Tuesdays and Thursdays. Students are enjoying tinned fruit with WeetBix and milk ... and are welcome to bring their toothbrushes to school too! Thanks to Sanitarium and Fonterra who provide this to us for free!

CONGRATULATIONS to the students from Rooms 9 and 10 who have been selected to travel to NMIT next Friday for the Evolocity programme. The nine students attending will work through a series of design activities that will get students thinking about building and running electric vehicles – both there then back at school. This is a great learning experience for our students and one which will really STRETCH some thinking!!





We have bit of a national champ!

Well done Kase Shuttleworth who has recently competed in the National champs for Motocross. Getting a close and well earned 4th place is certainly an achievement to be proud of! Well done Kase!



And speaking of champs, we look forward to Bentley showing off his skills this coming TUESDAY at 1.30. Bentley races at the local Drag races and is one of the youngest racers locally. He will bring his car into school after the Tuesday lunch break .. we look forward to seeing this talent being demonstrated!



During Term 2 we are planning to run the *Reading Together* workshop programme for parents. We all know how very important reading is for children to succeed. One of the things that really helps children to become good readers is support from home. Research has shown many benefits to participants including giving parents confidence in helping their children read at home and contributing to students effectively engaging in learning across the curriculum.

If you are interested in attending the Reading Together workshops at school please contact Kylie Matthewson kmatthewson@lowermoutere.school.nz. These dates for these workshops are:

- Workshop 1, 2 & 3 at 1.30pm - 3.00pm Thursday 16th May 2024
- Workshop 4 at 3.30pm Thursday 6th June 2024

COLDS and FLUS....yes it's that time of the year when colds and flus come out to play! Have a read of the information below to determine – does my child have a cold or do they have the flu?

WINTER ILLNESS

Colds, flu and other respiratory illness are common in schools during winter. Here are some simple tips to prevent the spread of illness:

- Wash and dry hands regularly, especially after blowing your nose, coughing, sneezing, and using the toilet.
- Cough and sneeze into a tissue or your elbow, not your hand.
- Regularly clean high touch surfaces – door handles, taps, table tops, phones, computer keyboards, etc.
- If unwell, stay at home until 48 hours after symptoms have gone.
- Get a flu jab NOW – it's FREE for those aged 6 months to 12 years, pregnant women, and lots of other people.

For more information see: www.rph.org.nz/winterillness



Te Whatu Ora
Health New Zealand

Symptoms	Flu	Cold
Symptoms develop	Quickly	Gradually
Fever	High (38°-41°) for 3-4 days	Rare
Headache	Severe	Uncommon or mild
Aches and pains	Usual, often severe	Uncommon or mild
Fatigue and weakness	Can last 2-3 weeks	Mild for 2-3 days
Extreme exhaustion	Common, initially	Never
Stuffy nose	Sometimes	Usual
Sneezing	Sometimes	Usual
Sore throat	Sometimes	Usual
Cough	Common	Sometimes (mild to moderate)
Chest pain	Common and severe	Sometimes (mild)
Duration	1-2 weeks	5-7 days
Complications	Pneumonia, bronchitis	Sinusitis, ear infection, laryngitis, bronchitis

This week has seen a number of visitors to the school. Each time they go to leave, they comment on the friendliness of the students, their manners and the overall welcoming feel of the school. Our school is a reflection of the community and our collective aspirations for our students and our school. A congratulations to our students for the way in which they conduct themselves on a day-to-day basis at school. It's not uncommon to hear from a child, "have a nice day" or "You're welcome". As a parent community, you can be very proud!



FINALLY – to all our magic mums out there – have a great Mother's Day on Sunday 12th!

Thanks for your support for Lower Moutere School!
Chris Bascand (JP)
Principal

Absentee Messages - Please notify the school of your child's absence before the start of school each day. Please note: When texting the school cellphone please include your name, so that we know who the message is from, as we do not have contacts stored on this phone.
Ph: 03 526 7775 or Txt: 027 339 8801
 Please provide the following details: Your child's name, room number and reason for absence – thanks!



Upcoming Events

Reading Together programme	Thursday 16 May	Room 3	
Board meeting	Thursday 23 May	Staffroom	
LMS Cross Country	Thursday 30 May	LMS hall carpark	
Kings Birthday	Monday 3 June		School closed
TEACHER ONLY DAY	TUESDAY 4 JUNE		All schools closed– Motueka district
Reading Together programme	Thursday 6 June	Room 3	
District Cross Country champs	Friday 7 June	Rabbit Island	
Bike Safety week	Mon 10 – Fri 14 June		Years 5- 8
Dental van arrives	Friday 14 June		
Board meeting	Thursday 20 June	Staffroom	
Matariki celebration	Thursday 27 June	School grounds	6am breakfast & celebration
Matariki public holiday	Friday 28 June		School closed
Dental van leaves	Friday 5 July		
Last day term 2	Friday 5 July		
First day term 3	Monday 22 July		Welcome back!

The end of year celebration and farewell to Year 8 students will be Wednesday 11 December.
 The last FULL day of school is Thursday 12 December.



Golden Apiaries is a small family-owned business servicing Tasman, Golden Bay and Marlborough. They supply raw honey, pollination services and queens. The closest stockists of Tasman Gold Honey are Potters Patch in Motueka, which has their full range, Toad Hall, BeetRoot and Connings. You can also purchase directly through [Choice](#) or by emailing info@goldenapiaries.co.nz



Kids Race
3.2km Trail Course
11:30 am, 02 June

Kaitiaki gold
All Abilities - One-Last-But-Not-Least

• Ages 5 - 14
• \$5 entry. Spot prizes. Earn a donation for your school (NZ\$)
• More info: <https://www.kaitiakitorigold.org/>

Another fundraising event from the team at Active4Good

Gymnastics Nelson

Class Schedule 2024

RECREATIONAL GYMNASTICS
This programme is focused around learning the basics of gymnastics and getting an understanding of each of the different positions. This programme also aims to address motor skill and core awareness with gymnastics. It is held on the basis to develop and consolidate skills across the programme.

AGES 5-12

Monday 3:40PM - 4:35PM	Saturday 8AM - 8:55AM
Tuesday 3:40PM - 4:35PM	Saturday 10AM - 10:55AM
Thursday 3:40PM - 4:35PM	Saturday 11AM - 11:55AM
Friday 3:40PM - 4:35PM	Saturday 11PM - 1:55PM

PRESCHOOL GYMNASTICS
The aim of this class is to have fun while learning & developing basic gymnastics skills through fun activities, along with motor skill and core awareness.

AGES 2-5

Monday 11AM - 11:45 AM
Tuesday 1:15PM - 2PM
Wednesday 10:45AM - 11:30AM

AGES 3-5

Saturday 9AM - 9:45AM or 10 - 10:45AM

YOUTH PARKOUR
Our Parkour program is designed to improve overall fitness, develop physical fitness, and build confidence while building the fundamental awareness and precision of Parkour.

AGES 8-14

Friday 3:40PM - 4:35PM
Saturday 12PM - 12:55PM

HOMESCHOOL GYMNASTICS
The aim of this class is to provide an environment for the students to learn the basics of gymnastics while also developing motor skills.

AGES 5-15

Thursday 10:45AM - 11:45AM
Friday 11AM - 12PM or 12:30PM - 1:30PM

TUMBLING
Tumbling is a gymnastics discipline that focuses on work to skills without the use of any apparatus equipment. It can be as simple as a roll or as complex as a backflip. It is a fun and challenging activity to learn and practice.

AGES 8-15

Saturday 11AM - 12PM

ADULTS GYMNASTICS
This class is designed for adults who wish to learn the basics of gymnastics, including tumbling skills.

AGES 18+

Wednesday 7PM - 8PM or 7PM - 8PM

Info@gymnast.co.nz - www.gymnast.co.nz - 03 548 2513

OPEN DAY MAY 5

WILLOW BANK HERITAGE VILLAGE

1KM SOUTH OF WAKEFIELD

WAKEFIELD N.Z.

WILLOW BANK HERITAGE VILLAGE IS A FUN AND INTERACTIVE LIVING MUSEUM 1KM SOUTH OF WAKEFIELD, NELSON. WE HAVE 20+ SHOP DISPLAYS FOR YOU TO EXPLORE. FOOD AND DRINK AND LOTS MORE.

SUNDAY 10AM - 3PM MAY 5

1920'S MILK BAR / VICTORIAN STYLE CAFE / SECRET GARDEN
1950S BURGER BAR / LAUNDRY / DRESS SHOP / PUPPET THEATRE
CHILDREN'S SUITCASE MARKET / WORKING BAKELITE PHONES
PLAYHOUSE / LIBRARY / DOLL MUSEUM / SCHOOL HOUSE
GROCERY STORE / CINEMA / BARTER - SELL MARKET - MORE

willowbank2002@gmail.com @willowbankheritagevillage

AVAILABLE FOR GROUP BOOKINGS
WWW.WILLOWBANKWAKEFIELD.CO.NZ

CALLING ALL CHILDREN ENTREPRENEURS

Children's Suitcase Market

AT WILLOW BANK HERITAGE VILLAGE

SUNDAY May 5TH 10AM - 3PM

WILLOW BANK HERITAGE VILLAGE PRESENTS THE "Children's Suitcase Market"

Each child brings a suitcase and sells toys etc out of it. They can set up for however long they like, and can just pack up when they've had enough. No need to bank.

THIS MONTH EVERYONE WHO HAS A STALL GETS A FREE ICECREAM!

The Suitcase Market will be a part of many other features and activities we have on offer at our Open Days. Follow our event on Facebook for more info.

willowbankwakefield.co.nz @willowbankheritagevillage
WWW.WILLOWBANKWAKEFIELD.CO.NZ

CALLING ALL CHILDREN ENTREPRENEURS



Join our ArtVine **AFTERSCHOOL** Art & Craft Club

TERM SPECIAL!! \$30 per 2 hour weekly session - art supplies provided
Held at our local Art Studio in Napua - Monday to Friday during the term

Classes start Monday 29th April - Friday 03rd of July 2024



Does your child love to paint & create?

Enroll in one of our Art & Craft Clubs for 2 hours of afterschool pure-creative fun!
Choose a class from **Monday to Friday @ 3.15pm - 5.15pm** for 8+ age groups
during the 10 week term ahead.

Bookings are essential with pre-payment for the term required.
Phone or email for your registration form.

Venue: 122 Ararui Road, Napua (left side entrance of Hills Community Church)
Book ahead for Terms 3 & 4!

021 2788463 (021 ARTVINE)

bookings@artvine.co.nz

Motueka Tennis Club

Introducing Rita Paczian –

Advanced Level 2 Tennis Coach

Beginning Lessons from 8 May

Register your interest with

Kath O'Regan

Ph: 0275800108

Email: kath.oregan1@gmail.com



Can you help?



are collecting cans to sell for some much needed cash

Just collect your aluminium cans and drop them off to us at 452 Lower Queen Street, Richmond



CROSS-CULTURAL PARENTING WORKSHOP IN MOTUEKA

This workshop will help you navigate the challenges of parenting in New Zealand when you come from a different cultural background



WHAT YOU'LL GAIN:

- INSIGHTFUL DISCUSSIONS
- PRACTICAL TIPS
- SUPPORTIVE COMMUNITY

TIME: 10 AM-3 PM

DATE: SAT 25 MAY 2024

Venue: Motueka Family Service, 27 Talbot Street, Motueka. Scan QR code to register or call 0226847284



Supporting partners:



2024 Nelson Hockey Junior Program II

Thursday 16th May to 20th June - Saxton Field Hockey Turfs
Register online at www.nelsonhockey.org.nz

Kicky Sticks:
 1 & 2 years old, ball & formal ball game
 3:45pm - 4:30pm
 \$10 for a 6 week program

Fun Sticks
 3 & 4 years old, learn the basics of hockey, some fun games
 3:45pm - 4:30pm
 \$10 for a 6 week program

Mini Sticks:
 5 to 6 year old, skill development and games
 4:30pm - 5:30pm
 \$10 for a 6 week program

Real Sticks:
 7 to 11 year old, skill development and games
 5:30pm - 6:30pm
 \$20 for a 6 week program

Placement subject to availability. Places are limited and will close 5th May
 03-524-0432/0436



Regional Development Manager Louise Shelton
info@nelsonhockey.org.nz or phone: 03-52434000



2024 HOCKEY OPEN DAY

SATURDAY 4th MAY at Saxton Field Hockey turfs
10:30 am—12:30 pm

2024 HOCKEY OPEN DAY

We welcome everyone for a fun day!

Sticks/balls/bibs will be provided

FREE OPEN HOCKEY DAY
Free sausages & drinks

Fun games/basics skills

For information
Please contact Louise Hulse - 1076/je@nelsonhockey.org.nz
www.nelsonhockey.org.nz - 03-52434000





Party Hire



Only \$100 per day

- You Get:**
- 2 Quarter Pipes
 - 1 Kicker Ramp
 - 1 Table Top
 - 1 Manual Pad
 - 2 Small Launch Ramps
 - 1 Large Launch Ramp
 - 1 Grind Rail
 - Free Delivery in Nelson & Richmond

Add a 3 foot quarter and a 2 foot spine for an extra \$50



For ramp hire or sales enquiries
Phone 021 847 337 or email airrollramps@tittereds.co.nz

Are you an elite swimmer or a Beaching Club?

We want to see Motueka High School swim club members a sign of the future!



MOTUEKA SWIM CLUB

Whakareanga Kōwhiri Whānau - Motueka



Penguin Squad (Swimming NZ Level 2)

7 years old and over, who are water confident and can swim 2 hour lessons. Coach is not in the pool with the kids. (20 weeks)



Dolphin Squad (Swimming NZ Level 3)

8 years old and over, who are confident and can swim 2 hour lessons. (20 weeks)



Orca Squad (2 year crankwork)

10 years and over, confident swimmers that will be required for technique (stroke/patterns) and to swim in the ocean.

Training Squad:

Train 4 year crankwork, they attend weekly. For swimmers who still want to improve technique and technique based but more practical for water use only.

Competitive Squad:

Train 4 year crankwork, attend weekly. Attend lessons on perfecting stroke technique, speed, and technique.

Email: motuekaswimclub@gmail.com for more information.

or phone: [0613261004](tel:0613261004).

If you are keen for more competitive swimming, we do offer winter swimming at 544 Bay View Centre in Richmond - contact your club members or swimming club coach.



Motueka Swim Club



No pen needed

Everyone entering New Zealand needs to complete a New Zealand Traveller Declaration.

Scan the QR code to:
Complete your declaration online, or download the NZTD app (you can complete your declaration while you are offline).

For more information go to TravellerDeclaration.govt.nz



Tū Kāwanatanga o Aotearoa
New Zealand Government

New Zealand Traveller Declaration | Whakapuakanga Tangata Haere ki Aotearoa

Shop with us!

school
fundraising shop



10% is
Donated to
**Lower Moutere
School**

Paying it Forward,
Together!

www.schoolfundraisingshop.org.nz



NELSON BAYS PIWAKAWAKA
**Hey girls, give football
a go on Sundays!**

SIGN UP AT www.nelsonbaysfootball.co.nz/fantails

Girls Only Football Competition for 9-10 year olds



**Come along and join
in the football fun!**

SIGN UP AT www.nelsonbaysfootball.co.nz/fantails

Girls Only Football Hub for 4-12 year olds